



OFFICE ON AGING & PERSONS WITH DISABILITIES

Presented by

E. Yvette Jones, Program Manager

MISSION

The City of Richmond's Office on Aging and Persons with Disabilities (OAPD) strives to promote independence and enhance the dignity of Richmond's older adults, persons with disabilities and their families through a community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics.

PROGRAM OVERVIEW

The Office on Aging and Persons with Disabilities focuses on increasing access to services to support:

- Aging in place through a well coordinated community based network of services for:
 - Older adults who want to remain active, independent and vital contributors to their communities
 - Older adults who may need additional assistance in remaining independent

PROGRAM OVERVIEW CONT'D

- Persons with disabilities by ensuring equal access to services
- Caregivers to older adults and persons with disabilities, including those who may themselves be older and need assistance

100 TOP U.S. CITIES FOR SUCCESSFUL AGING

1. Madison, Wisconsin
2. Omaha, Nebraska
3. Provo, Utah
4. Boston, Massachusetts
5. Salt Lake City, Utah
32. Dayton, Ohio
- 33. Richmond, VA**
34. Portland, Oregon
100. Stockton, California

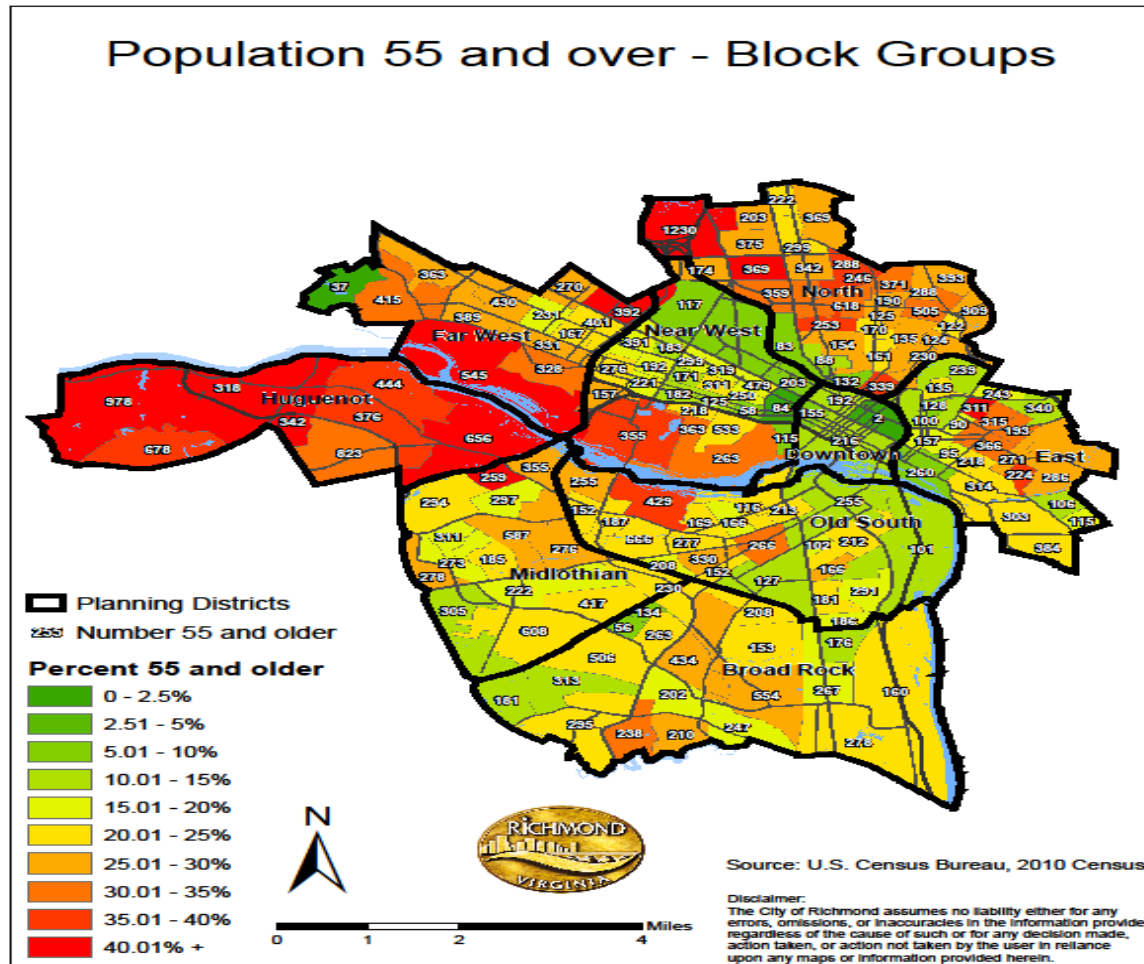
Source: Milken Institute, 2014 Best Cities for Successful Aging

DEMOGRAPHIC INFORMATION CONT'D

- 46,501 of City of Richmond Residents are 55+
 - 14% of Richmond's residents are 65 years of age or older
 - 18.3% of residents 65 years of age and older are below the poverty level
 - 48.1% of residents 65 years of age and older have a disability
- Source: United States. 2010 Census
- By 2030, the region will have a 136% increase in those 65 and over. One out of four adults will be 65 plus.

Source: GRAW Readiness Plan

RICHMOND POPULATION 55+



OAPD'S CORE PROGRAM AREAS

- **Care Coordination**
- **ENGAGED = Civic and Community Engagement**
- **LIVABLE = Housing and Transportation**
- **STABLE = Workforce and Finance**
- **WELL = Health and Wellness**

CARE COORDINATION

Senior/Disabilities Help Line 804.646.1082

- Respond to Senior/Disability Help Line Inquiries
- Conduct Home Visits
- Conduct Client Assessments
- Coordinate In-Home Services (Meals on Wheels, Companion Services, Home Health, etc.)
- Application assistance for Medicaid, SNAP, Heating/Cooling assistance, etc.

ENGAGED = CIVIC & COMMUNITY ENGAGEMENT

- Engage seniors and persons w/disabilities in active citizenship through Neighbor-to-Neighbor, i.e., Friendly Visitor's Program and Nursing Home Care Program
- Implement Lifelong Learning Programs – Book Clubs, Computer, Automotive, Landscaping Classes, etc.
- Intergenerational Connections – Grandparents Raising Grandchildren “The Village Approach”
- Social & Cultural Opportunities – Richmond Ballet, Area Museums, Arts & Crafts Classes, etc.
- Mayor's Annual Centenarian Celebration

WELL = HEALTH & WELLNESS

- Nutrition Education Programs –Cooking Classes, CDSM, etc.
- Fitness Programs – Yoga, Tennis, Walking, Line Dancing, Basketball, Senior Games, etc.
- Caregiver Support
- Well Being Checks
- Health Fairs
- Free Eyeglass Program
- Emergency Preparedness

LIVABLE = HOUSING & TRANSPORTATION

- Assist in Affordable Housing Search
- Encourage ADA accessibility within the City
- Assist with Affordable Transportation
- Assist with Home Repairs
- Lawn Care Assistance

STABLE = WORKFORCE & FINANCE

- Financial Seminars- Medicare/Medicaid, Supplemental Insurance, Estate Planning, Investments, Downsizing, etc.
- Assist with Continued Labor Force Participation
- Assistance with Relief Programs- Real Estate Tax, Utilities, etc.
- Entrepreneurial Opportunities-“An Encore Career”
- Coordinate Money Management Services
- Veterans Resource & Employment Fair

RICHMOND AGING & DISABILITIES ADVISORY BOARD

Richmond Aging & Disabilities Advisory Board

A partnership of consumers, local government and businesses working together to increase access and develop consumer-oriented and community based services for persons with physical and sensory disabilities. The Aging and Disabilities board is a nine member City Council appointed board.

Meeting Dates: First Thursday of each month excluding July and August

Time: 10:00 am – Noon

**Location: North Avenue Library
2901 North Avenue, Richmond, VA 23222**

For Special Accommodations Call 804.646.6528



CITY OF RICHMOND INTRA-AGENCY COUNCIL ON AGING

A network of city staff representing various agencies providing programs and services to older adults and individuals with disabilities. This council was created as a venue for agencies to share information in an attempt to avoid the duplication of services, and as a means to leverage resources. Meetings are held quarterly.

Topics of discussion include:

- Friendly business initiatives
- Helpline protocol with Adult Protective Services, Adult Services and Homeless Services
- Audible traffic lights
- Intergenerational playgrounds
- Safety for Seniors

OAPD's COMMUNITY PARTNERS

- Senior Connections
- AARP
- GRTC
- Richmond DSS
- Richmond City Health District
- Richmond Behavioral Health Authority
- Richmond Redevelopment & Housing Authority

OAPD'S COMMUNITY PARTNERS CONT'D

- Project:Homes
- ElderFriends
- Sherriff's Office
- Richmond Police Department
- Richmond Public Libraries
- Richmond Dept. Parks,
Recreation & Community
Facilities
- Richmond Fire & Emergency
Services
- CareMore
- JenCare
- And Others

OAPD CONTACT INFORMATION

OFFICE ON AGING & PERSONS WITH DISABILITIES

701 NORTH 25TH STREET
RICHMOND, VA 23223

OAPD CONTACT INFORMATION

SENIOR/DISABILITIES HELPLINE

804.646.1082

WEBSITE

RICHMONDGOV.COM/OFFICEONAGING

**THANK
YOU!**